



# Magdalen Academy

Proud to be part of UNITY EDUCATION TRUST



**Newsletter 8 12th January 2024**



Parents as Partners

Dear Families,

Happy New Year!

The children have made an excellent start back. During the inset day, our staff received training around 'Zones of Regulation' which you have been sent detailed information about already. The children are responding well to this and recognising which zone they are in throughout the day. We've even had feedback that some of our younger children are using this language at home! If you would like to know more about this and how it could be adapted at home, please let us know as we would be happy to work on this with you.

It is still the time of year where many illnesses are circulating however it is important for children to attend school every day where possible. If they have a cough, cold or feeling under the weather please send them in to school as we will always contact parents if we feel they are not well enough to be in. We continue to monitor weekly attendance and where we are concerned, we will be contacting parents to discuss how we can support your child attending regularly.

It's great to be back!

Regards

Mrs Arrowsmith  
Executive Head

# Important Dates

## JANURY 2024

Monday 15<sup>th</sup> - The online portal for Reception Class Admissions for September 2024 will close.

Thursday 18<sup>th</sup> - Winnie the Pooh Day - Special Lunch Reception & Year 6 Vision and Hearing Checks

## FEBRUARY 2024

Thursday 1<sup>st</sup> - Young Voices Concert at Wembley OVO Arena

Friday 2<sup>nd</sup> - NSPCC Number Day - Everyone to dress up with Numbers.

Friday 16<sup>th</sup> - Break up for Half-Term

## THURSDAY 18<sup>TH</sup> JANUARY ONLY LUNCH OPTION ON THIS DAY

Enjoy this special **lunchtime menu** with your friends

### Menu

#### Pooh's All Day Brunch

**Piglet's Sausage, Omelette, Beans & Mini Hash Browns**

Or

**Kanga's Quorn Sausage, Omelette, Beans & Roo's Mini Hash Browns (v)**

#### For Dessert

**Christopher's Chocolate Cookie**

Join us this **Winnie the Pooh Day**



Welcome to our half termly SEND Shout out! A section of the newsletter addressing important and helpful information relating to SEND (Special Educational Needs and Disabilities). This week we are talking about **Zones of Regulation**.

This is an emotional literacy program that we have introduced across the school to help children self-regulate and build toolkits to help them manage their emotions. All classes have already started to use the language associated with this and have display boards up in classrooms highlighting each zone.

Being able to self-regulate is an important skill and not one that is easy to adopt without practice. A parent handout has already gone home this week and there is more information on this link. [Zones of Regulation parent information.](#)

### What are the different Zones?

## The ZONES of Regulation®

<b>BLUE ZONE</b>	<b>GREEN ZONE</b>	<b>YELLOW ZONE</b>	<b>RED ZONE</b>
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control